

THE BOHO MAMA BREASTFEEDING WRAP STYLING GUIDE

There are many great ways to wear your wrap, pregnant or not! Here are some of our suggestions and instructions to help you.

The Poncho



This is the main style for actually feeding your baby. Leave the snaps fastened, place your head through the hole and drape around your body like a shawl. Move the snaps to the top of either the left or right shoulder, so that it drapes beautifully over your bump or over you and your baby. You choose how much to cover your baby.

The Sarong



Fantastic in the late stages of your pregnancy - maybe even on the beach! Undo the snaps gently, take the full length wrap and drape it around your bump. Tie on whichever side you prefer.

The Shawl



You could feed your baby using this style. Undo the snaps gently, open the shawl out fully and wrap neatly over your shoulders, tie in a knot to the front

The Reverse Shawl



The Reverse shawl is simply draped around the front with a small knot to the back. Remember to undo the poppers gently first. This style is great for feeding a newborn baby.

The Halter Neck



Undo the snaps gently, place the open wrap around the back of your waist, then cross both ends over the front of your body, wrap around the back of your neck and secure with a small knot at the back. This gives a halter neck style, which fits nicely around your bump.

The Looped Scarf



This style is very easy to do. Simply undo the snaps gently fold or roll it in half and then in half again to create a long narrow scarf. Then fold the length into half, pass the wrap around your neck and pull the loose end through the loop in front of your neck. You can also twist the wrap down the entire length for a slightly shorter chunkier effect.

The Head Scarf



Undo the snaps gently, fold your wrap in half to create a long scarf. Place on top of your head, drape both sides under your chin and cross each side over, bringing them to the back of your neck. Cross again bringing both ends to the front and tie in a single or double knot.

The Tie Back



Leave the snaps fastened, place your head through the hole and move the snaps to the front of your body, then tie the back corners of the material into a neat knot in the small of your back.

The Shrug



Undo the snaps gently, open the wrap out fully and place around your shoulders like a shawl. Grasp hold of both sides of the wrap in your hands underneath your armpits, pass it under your arms and tie in a neat knot to the back. Tuck the knot neatly underneath the shawl between your shoulder blades.

The Swaddle Blanket



Simply use to wrap your baby snugly to simulate the warmth and coziness of the womb. See our blog post <http://easymomandbaby.com/how-to-properly-swaddle-your-baby/>. Also, try to wear or sleep with your wrap before baby is born, as the smell will act as a prompt to help to establish feeding once baby is born.

The Car Seat Cover



Very easy to do and a great protector for your baby. Simply leave the snaps fastened and place over the car seat or stroller with the little gap near the handle, tie at the bottom of the car seat/stroller and tuck in any excess.

CARING FOR YOUR BOHO MAMA WRAP:

Undo the snaps VERY carefully:

As the Wrap is made from a very delicate fabric, we recommend that you take great care when opening the snaps, as rough treatment may tear the fabric around the snaps.

Always insert your thumb nail or a blunt file between the 2 snaps and pull gently so as not to rip your precious Wrap.

Washing: The Boho Mama Breastfeeding Wrap label carries the washing instructions. We highly recommend gentle hand washing, however you can also machine wash it at low temperatures. Do not tumble dry. Cool iron if needed. This fabric is organic and silky soft. It does not shrink at all, if the washing instructions are followed.

WARNING:

These scarves should NEVER be used as baby slings or baby carriers. Please keep a watchful eye on your baby while you are nursing and do not leave your child unattended with your Nursing Cover.

Take a look at our great Styling Demo at www.easymomandbaby.com/reviews/. We'd love to know if you have more ideas. Email us your photo and we'll send you a free gift if we use your idea. Please send it to: Fiona@easymomandbaby.com

Our regular **Blog** is at www.easymomandbaby.com/blog and we're on all the usual social media channels too. Please follow us for inspiration, great info and offers.

It would be helpful for us and our future customers if you can spare the time to write a quick **Product Review**. Reviews are the lifeblood for small businesses like ours and we rely on our customers being generous enough to write a review. Your unbiased honest feedback helps to ensure we keep doing things right. Just go to your Amazon account, select 'Orders', then scroll to the Boho Mama Breastfeeding Wrap, then select 'Write a Product Review'. Thank you in anticipation.

One last thing ... We would love to invite you to join our **FREE Easy Mom & Baby VIP Club**. Get samples, exclusive discounts on current and new products, **win free stuff** and get loads of hints and tips to help you. Join here at www.easymomandbaby.com/VIPClub

If you have questions, comments or feedback on any of our products, just reach out to us on Fiona@easymomandbaby.com, even if it is just to say Hi. We're a small family company and we always answer you personally. Wishing you joy, style and ease. Oh, and lots of love too.

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