

# 5 minute fun



Fun, FREE daily activities for your little one!

## Welcome to 5 Minute Fun!

Made up of exciting learning activities to try with your child, 5 Minute Fun ideas are completely free and are designed to support learning in line with the Early Years Curriculum.

Each activity is quick, easy and simple to do wherever you are: whether that's on the school run, on the way around the supermarket or just before bed!

We promise that each activity will support your child's development and will help them to grow in confidence.

To give you a chance to try out 5 Minute Fun for yourself, we've put together this mini resource containing two activities from each learning area: Maths; Communication, Language and Literacy; Creative; Finding Out; Feeling Good and Let's Move!

We'd love to hear how you get on!

Visit our website for more 5 Minute Fun ideas, and to sign up to receive two FREE activities each day! These will be specially chosen for you based upon the age of your child.

[5minutefun.com](http://5minutefun.com)



### Communication, Language & Literacy

- Pretend your little one has a pet dinosaur. Is it big or small? Can it fly? What's its name?
- Sing the alphabet together. Can your little one point to some things starting with A, B or C?



### Let's Move!

- Ask your little one to imagine they're a little chick hatching. Can they crouch down low, tap-tap-tap, then stretch up high and wide as they hatch?
- You're both superheroes! Stand with your hands on your hips, run in slow motion, then pretend to fly! Make up superhero names together and choose what your special powers will be.



### Feeling Good

- Look out of the window together and see what you can spot. Ask your little one to find something green, something brown and something blue.
- Sort out the recycling together. Can your little one tell what things are made from and sort them into different piles?



### Maths

- Take the size challenge! Can your little one point to 5 things that are bigger, smaller, taller and shorter than you are?
- Ask your little one to count as high as they can, then make a big medal for them to wear. Can they write the number they counted to on it? They're a super counter!



### Finding Out

- Ask your little one to draw what they would like to dream about tonight!
- Ask your little one if they have a favourite toy or teddy. Can they tell you why it's so special to them? Make up an adventure for it to go on!



### Creative

- Help your little one create a time-travelling wristband! Wrap card to fit around their wrist and stick on coloured paper to make buttons and a screen. Tell them to press a button and off they whoosh! Can they call you to tell you where they've gone?
- Ask your little one to draw a picture of an imaginary creature. What colour will it be? What will its name be, and will it make a big roar?

Sign up today!